

Caitlin Duram, MSN, APRN, FNP-BC, Program Director, SRH APC Residency Program
 Youri Hwang, PhD, APRN, FNP-BC, Associate Director, SRH APC Residency Program
 Jessica Bourbeau, MSN, APRN, WHNP-BC, SRH APC Resident



Tan Chingfen
Graduate School
of Nursing

Introduction

This is an innovative 2-year post-graduate residency program tailored for APCs which takes inspiration from the CHC NP residency model and the Complex Family Planning MD fellowship model. The program focuses on Sexual and Reproductive Health (SRH) and is based at Planned Parenthood League of Massachusetts, a leader in SRH care. The goal of this transition-to-practice program is to strengthen evidence-based clinical training for APCs, enhance comprehensive care delivery, and improve access to high-quality SRH care.

Needs Assessment

There's a training gap for healthcare professionals in SRH; APCs play a pivotal role in SRH care

- Sexual and Reproductive Health services are essential for upholding individuals' fundamental human rights and promoting health equity and reproductive justice.
- Current political dynamics threaten SRH care access, including abortion services, exacerbating health disparities based on race, ethnicity, sexual orientation, gender identity, and socioeconomic status.
- There's a critical need for evidence-based clinical training in the field of Sexual and Reproductive Healthcare in order to stabilize the clinician workforce and ensure equitable access to comprehensive care.

Evaluation

- Quarterly Resident Self-Evaluation*
- Quarterly Resident Evaluation by Preceptor*
- Biannual Preceptor and Didactic Evaluation by Resident
- Continuous evaluation of clinical skills through observation, including:
 - Clinical Skills Checklist
 - Case Study Presentation
 - Journal Keeping

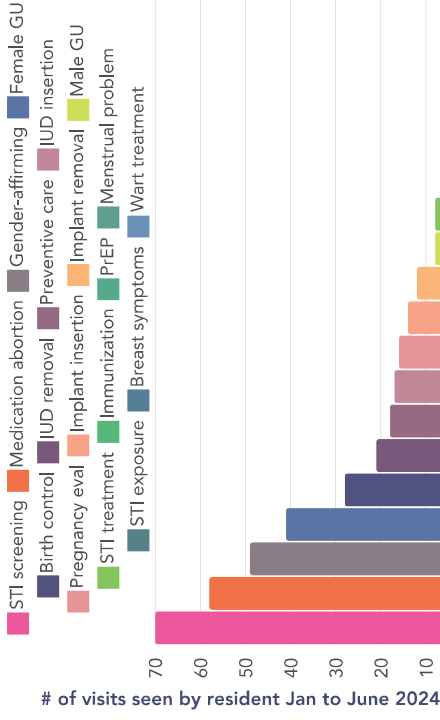
Lessons Learned

- Identify program champions and engage stakeholders strategically
- Consistently incorporate equity
- Collaborate with NP Resident Cohort to enhance learning and support
- Strengthen primary care NP training through PPLM expertise and resources
- Provide resident leadership opportunities
- Lean on organizational experts at PPLM to enhance clinical training
- Collect data to support the case for program sustainability

Objectives

- Recognize the importance of specialized training in SRH for APCs
- Describe the key components and structure of a residency program tailored for SRH and its potential impact on clinical practice
- Identify next steps for program growth, expansion, and development

Clinical Training and Visit Type

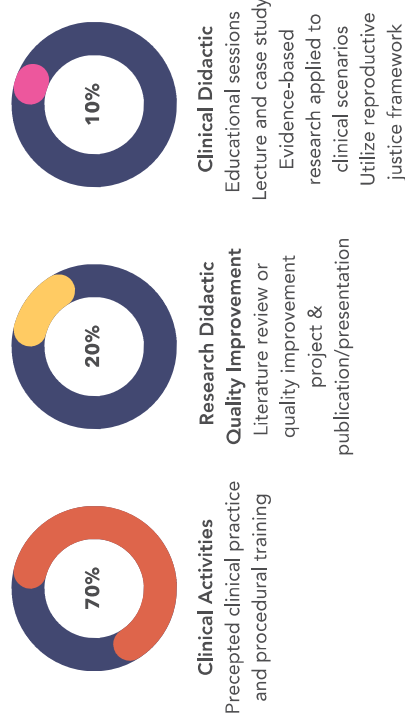


Academic Partnership

University of Massachusetts Chan Medical School,
 Tan Chingfen Graduate School of Nursing

- Faculty appointment for program staff
- Scholarship and research support, library access, subscription to journals
- Integrated clinical curriculum and QI resources
- Community-building opportunity for residency cohort
- Wellness program
- Leadership, mentorship, and lecture opportunities for PPLM residents to present SRH material to primary care NP residents

Program Structure



Next Steps

- Create a shareable "SRH Residency Toolkit" that can be utilized by others
- Grow the program to include additional concurrent residents
- Continue to center reproductive justice as paramount in recruitment and curriculum building
- Collect and analyze data regarding identified goals including but not limited to: job satisfaction, retention, clinical skill building, productivity and program sustainability

Acknowledgement

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 The Brigham and Women's Hospital Family Planning Division Weekly Lecture Series
 The Consortium for Advanced Practice Providers offers program building support and resources, and a pathway to accreditation

*Tool constructed using domains outlined in "Training the Next Generation: Residency and Fellowship Programs for Nurse Practitioners in Community Health Centers" by Margaret Flinter and Kerry Bamrick