

FNP Residency At the Institute for Family Health Innovations and Initiatives

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Model: An Interdisciplinary Post Graduate FNP Training Program in collaboration with a Family Medicine Residency

Goals:

- Provide Comprehensive, practical post-graduate training to new Nurse Practitioners with a commitment to serving under-resourced communities
- Increase access to compassionate primary care in the Bronx by about 1400 visits annually per NP Resident
- Advance Community Health Center Based professional Training Programs to Promote Interdisciplinary Relationships
- Encourage employment at FQHCs

Program Components:

- **Continuity Clinic:**
 - Preceptor/Mentored/Independent (6 weekly sessions dependent on quarter)
 - Primary Care Panel
- **Specialty Rotations** (1-2 sessions/week)
- **Didactics** (1 session/week)
- **Community Based Organization (CBO)** (40 hours)

Setting:

Continuity clinic at the Walton Family Health Center and Stevenson Family Health Center in the Bronx

Specialty Rotations:

- Addiction Medicine
- Care for the Unhoused
- Dermatology
- Diabetes Management with a certified diabetic specialist
- HIV and Hepatitis Care
- Pediatrics (School Based Health Care)
- Practice Management and Leadership
- Procedure Clinic (LARC, Biopsy, Joint Injections)
- Telehealth
- Prenatal/perinatal care

Community Based Organization (CBO)

Residents are placed within a partner CBO – New Settlement Community Center, Bronx, New York

Residents provide health education based on Community Identified topics
Placements focus on food insecurity and community gardens and medicinal plants.



FNP Residents at New Settlement

Innovations & Initiatives



Focus on Community and Residents' Mental Health and Well-being

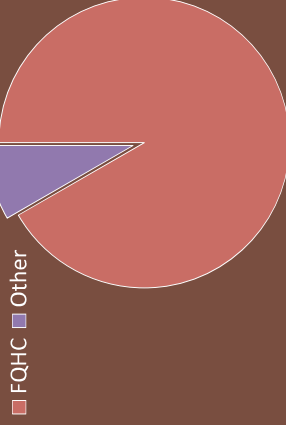
- Balint group and Wellness rotation
- Wellness outing for residents
- Increased one-one check ins
- Telehealth orientation and rotation with academic partner: Mercy University
- Mental health didactics with academic partner: Mercy University
- Increase exposure to OB care- with updated evidence based prenatal guidelines
- Collaboration with other NYC based FNP residencies including Callen Lorde
- Increasing the local FNP peer network which Residents can access

Faculty Development:

- Preceptor training
- Incorporate graduate NP residents into faculty
- Monthly case conferences
- Grand rounds
- Faculty development sessions with Harlem Family Medicine Residency

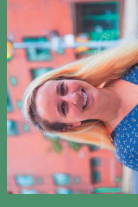
Employment Outcomes

Post-Residency Employment



Graduates Testimonies

"I gained invaluable experience in caring for patients of all ages and felt much more prepared to work independently as a FNP after the program ended. I wish all new NP's could have the support this program provides"



Lauren Hollender, FNP Class of 20

"The residency program changed the course of my professional life. I was woefully underprepared coming out of graduate school. The residency gave me the skills and the confidence I needed to become the thriving primary care provider I am today. If I had not completed this program I am certain I would still be at the bedside."



Julia Donahue, FNP Class of 20

Christopher Vargas, FNP Class of 2023

"My time during the residency program was transformative and I would not be as clinically confident without this experience. While there is still much more I need to learn and skills I need to hone, the residency program provided me the tools needed to navigate future challenges both in a clinical and professional role as an FNP. One of the main lessons I left the residency with is to be honest with yourself and in your abilities—at the end of the day family medicine and the care of a patient is a team effort; we should not shy away from asking questions."

