

## Program Overview

The University of Rochester Family Medicine Residency Program offers Family Nurse Practitioner (FNP) graduates 2 unique opportunities with an urban and rural track residency program. The urban track is held on-site at Highland Family Medicine (HFM) and the newly expanded rural track is a partnership with Tri-County Family Medicine (TCFM) in the Southern Tier. The NP rural track program is supported by HFM and a HRSA grant from the Advanced Nursing Education Nurse Practitioner Residency Integration Program. (ANE-NPRIP)

Our NP Residency is accredited through the National Nurse Practitioner Residency and Fellowship Consortium (NNPRFC). The program at HFM and TCFM provides FNP graduates with the training required to meet the needs of culturally diverse and clinically complex patients.



All NP residents will be exposed to innovative models of primary care that are rooted in evidence-based principles of integrated medical and behavioral health care. Team-based care, interprofessional education, and practice efficiency will be emphasized with attention toward ongoing health care reform.

No other program offers this true integration of NPs and other health care professionals training in the same setting.

## Highland Family Medicine in partnership with Tri-County Family Medicine

### Urban Track

Highland Family Medicine provides full spectrum family medicine services to 22,000 patients, averaging 70,000 patient visits per year.

Primary care services include pediatrics, integrated behavioral health, addiction medicine, sports medicine, geriatrics, prenatal care, community, and home based care, and OB/GYN. Additional onsite resources include social work, case and depression care management.

### Rural Track

Tri-County Family Medicine (TCFM) is a rural FQHC look-a-like located south of Rochester, NY. TCFM provides family medicine services to 18,000 patients, averaging 53,000 patient visits per year. NP residents working at TCFM have the opportunity to improve access to primary care by offering home visit services to their patients.



## Highland Family Medicine

777 Clinton Avenue South, Rochester, NY 14620  
[Highland.urmc.edu/FamilyMed](http://Highland.urmc.edu/FamilyMed)



## Highland Family Medicine

## Nurse Practitioner Residency Program



## Reasons Why This Program is Unique.

### Mission

To prepare independent, clinically competent Family Nurse Practitioners to provide high-quality, cost-effective patient- and family-centered primary care to diverse patient populations while improving health care access for underserved populations.



### Vision

The University of Rochester's Nurse Practitioner Residency Program at Highland Family Medicine facilitates the development of Nurse Practitioner leaders focused on family-oriented care delivery to culturally diverse and clinically complex patients through:

- Interprofessional education and collaboration
- Integration of new health care models
- Preparation as interdisciplinary team members



### NP Residency Benefits

This 12-month NP residency program provides FNPs interested in working in primary care with a number of advantages. In addition to the paid, full-time residency position, NP residents will:

- Improve clinical confidence required for comprehensive primary care
- Develop outcome-driven skills to care for high risk patients
- Prepare for advanced leadership positions

### Curriculum

The NP Residency has four key components:

#### Preceptor Continuity Clinics

- (5-6 sessions per week)
- NP residents develop their own patient panel while having a HFEM provider as a dedicated preceptor.

#### Specialty Rotations

- (2-3 sessions per week)
- Rotations may include: Orthopedics, Pediatrics, Geriatrics, Urology, Rural Health, Diabetes, Women's Health, Behavioral Health, Neurology, Cardiology, Oncology, Pain Management/ Palliative Care, Allergy, Immunology, Rheumatology, ENT, GI, Pharmacy, Psychosocial, and Wound Care.

#### Mentored Clinics

- (1 session per week)
- NP residents work as a member of a suite team and will see patients for acute and episodic care with a dedicated preceptor.

#### Interprofessional Education Sessions

- (1-3 session per week)
- Hands-on learning sessions with Family Medicine Residents focusing on a variety of complex clinical challenges within the primary care setting.

### Candidate Qualifications

- Recent FNP graduate within 12 months from an accredited Masters or Doctor of Nursing Practice program with a desire and commitment to work in primary care.
- New York State licensure to practice as an FNP with full prescriptive privileges.
- National certification in Family Practice.
- Registration by the Federal Drug Enforcement Agency to prescribe Category II through V drugs.
- 3-5 years of experience as a registered nurse prior to completing FNP degree.

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